



Integrated Delivery Network: Region 7

Building Capacity for Transformation

New Hampshire's Delivery System Reform Incentive Payment (DSRIP) 1115 Waiver Program

The 1115 Waiver represents an unprecedented opportunity for NH to strengthen community based mental health services, combat the opioid crisis and drive health care delivery system reform that promotes integrated treatment of an individual's mental and physical health. The objective is to better support people on Medicaid; however these changes will have positive implications for everyone who accesses any healthcare. Funding is provided by the Center for Medicare and Medicaid Service (CMS) - \$150 million over 5 years. Regions must earn payments by meeting metrics defined by the NH Department of Health and Human Services (DHHS) and approved by CMS. NH is divided into 7 regions called Integrated Delivery Networks (IDN), made up of providers (health, mental health and substance use) and social service organizations that represent the full spectrum of care that might be needed by an individual with a mental health and/or substance use disorder. The Region 7 IDN represents Coos County, Carroll County and Northern Grafton County, approximately 19,138 Medicaid recipients.

The Need

- Long wait lists for care- 49 days for outpatient counseling and prescribing authority, days or weeks waiting for a psychiatric crisis bed at New Hampshire Hospital;
- Limited substance use disorder treatment options- 84% of NH adults with drug dependence did not receive treatment in 2014;
- An acute health care workforce shortage;
- Behavioral health and physical health care services should be integrated so that all individuals receive collaborative and comprehensive care. On average a person with a mental illness dies 25 years earlier.
- Lack of follow up care for patients who have been hospitalized with a mental health condition causes high rates of readmission;
- High recidivism rates for correctional facilities- 48% that leave a correctional facility have parole revoked due to substance use;
- Expansion of Medicaid to newly-eligible adults and the addition of the Substance Use Disorder benefit have placed new demands on an already overtaxed behavioral health system.

The Focus

- Build mental health and substance use disorder treatment capacity
- Promote integration of physical and behavioral health
- Facilitate smooth transitions in care

To be accomplished through three regional community projects and three statewide projects.
(over)





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Community Projects

- Care Transition – Support in the transition from institutional settings to the community.
- Expansion of intensive substance use disorder treatments - To address the identified need to expand access to a more comprehensive range of services and treatment options.
- Enhanced Care Coordination for those with multiple physical and behavioral health conditions - Improved access through collaboration of all treatment providers to improve health outcomes.

Statewide Projects- Must Address

- Integration of behavioral health and primary care
- Workforce capacity for mental health and substance use treatment providers
- The development of a Health Information Technology (HIT) infrastructure to support integrated care throughout the state.

For more information regarding this project please contact April Allin at Aallin@nchcnh.org or 603-259-3700 Ext. 220

Region 7 IDN Partners

Carroll County Coalition for Public Health
(Granite United Way)
Androscoggin Valley Home Care Services
Ammonoosuc Community Health Services
Androscoggin Valley Hospital
Coos County Family Health Services
Northern Human Services
Tri-County Community Action Program, Inc.
Littleton Regional Healthcare
Visiting Nurse Home Care and Hospice of
Carroll County
Weeks Medical Center
White Mountain Community Health Center
Cottage Hospital
Rowe Health Center
Grafton County Nursing Home
Grafton County Department of Corrections
Memorial Hospital

North Country Home Health & Hospice
ServiceLink Resource Center of Carroll County
and Grafton County
Granite State Independent Living
Upper Connecticut Valley Hospital
Huggins Hospital
Affordable Housing Education and
Development (AHEAD)
Children Unlimited
Crotched Mountain Foundation
National Alliance on Mental Illness
Carroll County Department of Corrections
Saco River Medical Group
Central New Hampshire Visiting Nurse
Association & Hospice
Life Coping, Inc.
White Horse Addiction Center
MWV Supports Recovery
Hope for NH Recovery

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