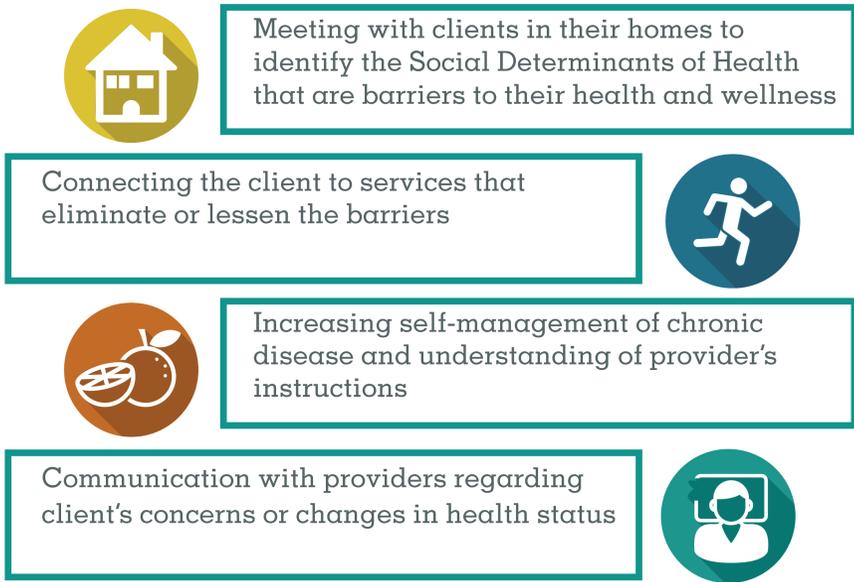


What is Ways 2 Wellness CONNECT and how are CHWs involved?



A program that **links a Community Health Worker (CHW) to clients**, ages 55+, with unmanaged chronic disease. The CHW **serves as a liaison** between the client, healthcare and social services **to facilitate access to care and resources**; and assist in overcoming their barriers to health and wellness.



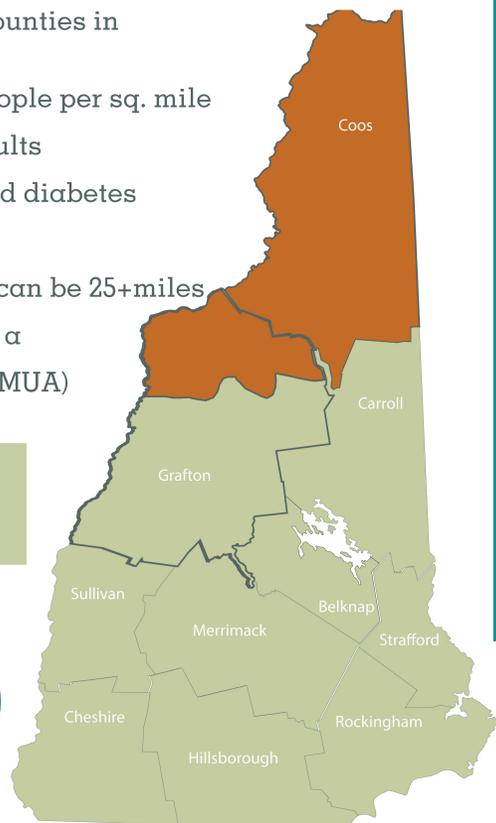
Where are we now?

- Created a CHW program within a public health network
- Developed a CHW training course
- Established program policies and guidelines
- Branded marketing materials
- Built Ways2Wellness.org website
- Educated and built relationships with provider partners
- Grew CHW workforce to 4 full-time staff

Ways 2 Wellness CONNECT

Where do we work and what are the barriers to becoming healthy?

- Coos and Northern Grafton Counties in rural Northern NH
- Population density of 15-49 people per sq. mile
- Higher population of older adults
- High rates of heart disease and diabetes
- Little public transportation
- Travel distance to healthcare can be 25+ miles
- Coos County is designated as a Medically Underserved Area (MUA)



The social and environmental influences on a client's health vary and can keep them from reaching their health goals.

Challenges could include:



A healthy life begins at home.

Who do we work with?

Area health and social service providers **including:**

- 5 Critical Access Hospitals and
- 3 Federally Qualified Health Centers (FQHCs)



Visit Ways2Wellness.org



For more information:
CHW Program Manager
(603) 259-3700

How do we innovate?

Our program has set up a secure web-based **electronic record** named Apricot by SocialSolutions.



- Customizable
- Houses all **client data with HIPAA compliance**
- Track progress notes, collects data re: **social determinants of health**
- Allows outside organizations to make **referrals directly into the system** securely

Where are we going?



This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number D06RH28031 of the Rural Health Network Development program in the amount of \$800,000. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.