



Region 7 Integrated Delivery Network Summer Newsletter

The Summer Edition Newsletter is being brought to you by Region 7 IDN, which consists of over 40 partners that span across Carroll, Coos, and Northern Grafton Counties. This newsletter covers highlights from April-June 2018.

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IDN Recovery Community Organizations Expand Services & Hold Events for the Community!

White Horse Addiction Center (WHAC)

WHAC opened a new office in North Conway in June 2018. They continue to provide and expand existing services in their two locations

Ossipee

Outpatient Substance Use Disorder (SUD) Treatment options will include Intensive Outpatient services (IOP), IOP aftercare group, Family and Couples therapy, individual therapy, Licensed Alcohol and Drug Counselor (LADC) evaluations, Driving Under the Influence (DUI) aftercare, and case management.

Their Recovery Resource Center will consist of recovery support groups, 1 on 1 peer recovery meetings, Alcohol Anonymous (AA) and Narcotics Anonymous (NA) meetings, life skills groups, leadership training courses, parenting classes, financial planning instruction, sober field trips, sporting events trips, transportation assistance, and volunteer opportunities.

North Conway

Outpatient SUD Treatment will include IOP, individual therapy, LADC evaluations, and DUI aftercare.

Their Recovery Resource Center will include 1 on 1 peer recovery meetings, transportation assistance, and volunteer opportunities.

Mount Washington Valley Supports Recovery (MWVSR)

MWVSR held a meeting in May for Medication Assisted Treatment (MAT) providers, counselors, 12-step groups, and recovery coaches to see how they can work better together to enable positive outcomes and strive for successful accountable recovery.

MWVSR also held a CCAR Recovery Coach Training in June 2018 that trained 11 people.

North Country Serenity Center (NCSC)

North County Serenity Center and Ammonoosuc Community Health Services are working together to provide seamless peer recovery support and wrap-around medical, dental, and behavioral health services for SUD patients in the area.

NCSC has also been actively planning events throughout the summer, offering recovery meetings weekly and working diligently to expand services.

Hope for NH Recovery

Hope for NH Recovery held their block party on June 2nd for the community to come together to support recovery.

They also had multiple trainings, meetings, and classes available throughout the summer including:

- NA Meetings
- SMART Recovery
- Volunteer/Community Service Orientation
- Gentle Yoga
- Family Support Group (F.A.S.T.E.R.)
- Ethics Training

Centralized Peer Recovery Support Network

Region 7 IDN has four Recovery Community Organizations (RCO's):

- **White Horse Addiction Center**
- **Mount Washington Valley Supports Recovery**
- **North Country Serenity Center**
- **Hope for NH Recovery**

These organizations have started to meet to develop a model for a centralized peer recovery support network. Conversations will continue as the agencies collaborate to create a system designed to connect individuals in need to peer recovery coaches across the region.

To support this initiative Region 7 IDN has developed a training plan as show below:

Peer Recovery Coach Academy Training Plan

Tentative locations include NCHC or AMC Highland Center

- **Ethics**- November 5-7, 2018
- **Suicide Prevention**-November 14, 2018
- **HIV/AIDS**-December 14, 2018
- **Peer Recovery Coach Academy**-April 2019
- **Peer Recovery Coach Academy**-September 2019
- **Suicide Prevention**-October 17, 2019
- **Ethics**-November 2019
- **HIV/AIDS**-December 5, 2019

Summer Quarter Highlights

Region 7 IDN 1st Annual Conference

The conference was a great day of networking and discussion of all projects. About 50 partners were able to join and provide updates from their organizations. The partners expressed that the partner update portion of the conference was very valuable and allowed them to have a better understanding of what is happening throughout the region.

Training Updates

Motivational Interviewing Training: May 1-2 at AMC Highland Center, trained 22 participants

Management of Aggressive Behavior: May 14th at Littleton Regional Healthcare, trained 28 participants

Management of Physical Confrontation: June 4th at Ammonoosuc Community Health Services, trained 11 participants

Mental Health First Aid:

May 9th at Memorial Hospital, trained 29 participants

June 8th at Huggins Hospital, trained 23 participants

June 22nd at Huggins Hospital, trained 20 participants

Integrated Healthcare Deliverable Updates

Huggins and White Mountain Community Health Center (WMCHC) have held their first case conference with a Multidisciplinary Core Team. WMCHC has also taken a patient through their Comprehensive Core Standardized Assessment (CCSA) process that was developed using the sample CCSA protocols released by IDN Team staff. ACHS will start working on incorporating CCSA questions into their tablets and the CCSA will pop up for patients to complete if it hasn't been completed within the last year. Workflows and protocols continue to be under development or awaiting organizational approval.

Shared Care Plan Progress

On June 22 and June 27 Collective Medical Technologies offered webinars to educate partners on general 42 CFR requirements and policy guidelines, a newly released universal consent form and software modifications that track patient consent to disclose and redisclose information.

There has been a lot of activity with the Shared Care Plan in the region. Admission, Discharge, Transfer (ADT) feeds are being sent from Huggins Hospital and 3 of North County Healthcare's hospitals with Littleton Regional Healthcare submitting soon. Weeks Medical Center is in the early stages of event notification. No one is currently live with the Shared Care plan but the following organizations are moving forward: Huggins Hospital and Outpatient Clinic, White Mountain Community Health Center, Coos County Family Health Services; and initial meetings are happening with Northern Human Services.

If you want to learn more or have questions about the SCP, we encourage you to see the Shared Care Plan Project on Basecamp and/or reach out to Joe Viger, the IDN's Health Information Technology Coach, at jviger@nchenh.org.

Upcoming Events

Training Opportunities

Co-Occurring Medical and Psychological Conditions Training:

September 27th

Location: Mount Washington Hotel

Register here: <http://bit.ly/co-occurringmedicalconditions>

Introduction to Management of Aggressive Behavior Training Series:

October 1st

Location: Littleton Regional Healthcare

Register here: <http://bit.ly/MOAB917104>

Community Health Worker Training:

Wednesdays

October 3, 17, 31

November 14, 28

December 12

Location: North Country Health Consortium

Register here: <http://bit.ly/Fall2018CHW>

Motivational Interviewing Trainings:

October 24-25th: <http://bit.ly/MI-OCT2018>

December 4-5th: <http://bit.ly/MI-DEC2018>

February 27-28th: <http://bit.ly/MI-FEB2019>

Location: AMC Highland Center

Upcoming Meetings

IDN Quarterly Meeting: December 13th, AMC Highland Center

More information to follow

Important Things to Remember

Comprehensive Core Standardized Assessment (CCSA)

IDN deliverable to be met by December 31st, 2018 (follow links below for more information)

- [CCSA Approach document](#)
- [CSSA Checklist Survey](#)

Please contact April Mottram at amottram@nchcnh.org for any questions regarding the CCSA.

IDN Funding

As we move forward with the IDN projects it is important to note that we will be transitioning from a "Pay for Reporting" period to a "Pay for Performance" period. Partners of the IDN will need to work together to ensure we meet as many deliverables as possible, so we continue to receive incentive funding. During this transition, it is important to remember our **four goals**.

Request for Funds

Full proposals and new funding requests will be due on October 8th, 2018. Please read the new instructions carefully and use the updated application at the links below.

[Request for Funds Instructions](#)

[Request for Funds Application](#)

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