

# North Country Healers' Forum

for Supporting the Recovery Community

## You are invited!

to a North Country Healers Forum with **fellow complimentary practitioners** and holistic healers to learn about local **resources for clients who may be experiencing substance use disorder** or concerned family members, discuss ideas about how to best support recovery in your community, and **network with peers and colleagues about how to make a collective impact.**

**Tuesday**  
**Dec. 10, 2019**  
**5pm - 7:30pm**

111 Saranac Street, Miss Mega Bug  
Studio in the Tannery Building (2<sup>nd</sup> floor),  
Littleton, NH

Light Dinner provided: soup and bread  
(please bring your own bowls/utensils)

## ~Agenda~

5:00 – 5:30

Welcome, Introductions

5:30 – 5:45

*Discussion about resources and services available to people experiencing substance use disorder and/or concerned family members.*

Heidi Ballentine, B.S. Wellness and Alternative Medicine, M.B.A., NCHC, Wellness and Recovery Model (WARM) program.

5:45 – 6:00

WARM program Q&A

6:00 – 6:30

*Discussion: "How can we support recovery in our community"?*

Gary Rexford, L.Ac. MSTOM, Center for Acupuncture & Oriental Medicine

6:30 – 7:30

Q&A and Roundtable discussion on "next steps".

Wellness  
And  
Recovery  
Model



## REGISTER TODAY!

<http://bit.ly/NC-healers>

Contact Heidi Ballentine at 603-259-1744  
or email: [hballentine@nchcnh.org](mailto:hballentine@nchcnh.org)

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603-259-3700

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Leading innovative collaboration to improve  
the health status of Northern New Hampshire.