

Young Adult Prevention Training

on Mental Health, Substance Use & Suicide Risk

Receive training on:

BECOME the Trainer on:

DAY 1 AND STAY FOR **DAY 2**

May 18th - 8:30 am - 4:30 pm

May 19th - 8:30 am - 12:30 pm

- Learn suicide risk warnings
- Identify substance misuse issues
- Recognize stigma
- Learn about resources
- **MAKE A DIFFERENCE!**

- Have passion for the public health issues of Mental Health, Substance Use & Suicide Risk
- Learn how to present the Young Adult training with another young adult leader
- Facilitate trainings for your peers

Register Now, Space is Limited!

TRAINING IS OFFERED AT NO COST FOR AGES 18-25

<http://bit.ly/YoungAdultPrevention> or scan



Location for both trainings:
North Country Health Consortium
262 Cottage St., Suite 230
Littleton, NH 03561

Co-facilitated by
young adults,
specifically for
young adults ages 18-25!

This project is funded in part by a Contract with the State of NH, Department of Health and Human Services with funds provided in part by the State of NH and/or such other funding sources as were available or required, e.g., U.S. Department of Health and Human Services.