

Intensive Outpatient Program



What to expect :

- ▶ 12 week program- 36 session, group therapy **focused on substance use disorder treatment**
- ▶ Group sessions held **3 times a week**
- ▶ Evidence-based curriculum focused on relapse prevention
- ▶ **Person-centered treatment** approaches where goals are developed individually with clinician
- ▶ Access to Community Health Worker/ Recovery Coaches
- ▶ Access to **individual therapy**
- ▶ Open enrollment to provide **quick intake process**

Locations: call for days & times

- ▶ Bethlehem, NH: 3 days/week
- ▶ Berlin, NH: 3 days/week



North Country
HEALTH CONSORTIUM

For an appointment call the
Outpatient Coordinator at:

603-707-5072 | NCHCNH.org