

Outpatient Treatment

What to expect :



- ▶ For individuals in need of **community-based substance use disorder treatment**
- ▶ As a step down from more intensive services
- ▶ **Addresses issues** that have the potential to undermine recovery
- ▶ Emphasizes skills needed for **independence and healthful living**
- ▶ Continued recovery education and **relapse prevention** skills
- ▶ Discharge **planning and continued care**, self-help groups and community-based recovery resources

Locations:

- ▶ Bethlehem, Berlin, Center Conway & Woodsville, NH



North Country
HEALTH CONSORTIUM

For an appointment call the
Outpatient Coordinator at:

603-707-5072 | NCHCNH.org