

#WeAreInThisTogether

Stay at Home

New Hampshire has issued a Stay at Home order due to COVID-19

Let's work together to help stop the spread.
We CAN make a difference!

Only leave home to:

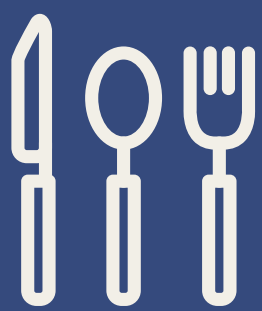


Seek medical care

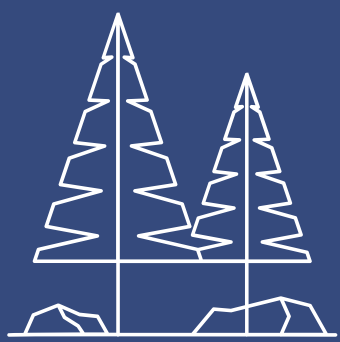


Get essential supplies

(Groceries, medication, cleaning supplies)



Get food from take-out
only restaurants



Exercise outside while
practicing social distancing

For more information visit:
nh.gov/covid19/



NH DIVISION OF
Public Health Services
Department of Health and Human Services

