

NH Department of Health and Human Services
129 Pleasant Street – Hugh Gallen State Office Park
Concord, NH 03301

PRESS RELEASE
FOR IMMEDIATE RELEASE
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FOR MORE INFORMATION
State Joint Information Center
603-223-6169
jic@dos.nh.gov

NH DHHS Announces Potential Community Exposures Connected to Positive Case of COVID-19 at Restaurant in Portsmouth

Concord, NH – The New Hampshire Department of Health and Human Services (DHHS) is investigating a person with confirmed COVID-19 who may have exposed patrons seated at the bar at Jumpin’ Jay’s Fish Café at 150 Congress Street, Portsmouth, NH, on the following dates:

- Wednesday September 30, 2020 5:00 PM to 9:00 PM
- Thursday October 1, 2020 5:00 PM to 9:00 PM
- Friday, October 2, 2020, from 5:00 PM to 10:00 PM
- Saturday, October 3, 2020, from 5:00 PM to 10:00 PM
- Sunday, October 4, 2020, from 5:00 PM to 9:00 PM

Any individuals who visited Jumpin’ Jay’s Fish Café and sat at the bar during those days and times may have been exposed to COVID-19 and should contact NH DHHS at (603) 271-4496 for further guidance. DHHS has conducted a contact investigation and notified known close contacts directly. However, DHHS is making this public notification because there may be additional individuals at the location during those days and times who were exposed to the coronavirus

COVID-19 can present with a wide range of symptoms including fever, chills, cough, shortness of breath, runny nose, nasal congestion, sore throat, fatigue, headache, muscle aches, nausea, vomiting, diarrhea, or loss of taste or smell. Any person who develops new symptoms should stay home, limit their contact with others, immediately contact their healthcare provider and get tested for COVID-19. Guidance for self-quarantine is available at: <https://www.nh.gov/covid19/residents/documents/self-quarantine-covid.pdf>

Whether or not you are experiencing symptoms, multiple testing options throughout the State are available to potentially exposed individuals. For persons without health insurance or a primary care provider, testing is available and can be scheduled by calling (603) 271-5980 or through completing the online form at https://business.nh.gov/DOS_COVID19Testing. Other options can be found here: <https://www.nh.gov/covid19/resources-guidance/testing-guidance.htm>.

COVID-19 continues to circulate in our communities, so all people need to protect themselves and help prevent further community spread, by:

- Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid close contact with others. When outside your home, keep a distance of at least 6 feet between yourself and others. This is known as social distancing.
- Wear a cloth face covering that covers your mouth and nose to protect others when in public areas.
- Cover your mouth and nose with a tissue when you cough or sneeze, then throw the tissue in the trash and wash your hands.
- Do not touch your eyes, nose, or mouth with unwashed hands.
- Stay home if you have a fever or are not feeling well.
- Clean and disinfect frequently touched objects and surfaces.

For more information on COVID-19 in NH, please visit <https://www.nh.gov/covid19/>.

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