

North Country Substance Use Disorder and Prevention Series

NORTHERN NH
AREA
Health
Education
CENTER



North Country
HEALTH CONSORTIUM



(virtual)

Motivational Interviewing

Practicing Skills for Behavior Change

Motivational Interviewing (MI) is a style of communication designed to strengthen one's motivation for change.

A follow-up to MI - A Primer for Change (Part I), in the upcoming **Practicing Skills for Behavior Change** session, attendees will:

- Briefly **review MI skills** (covered in first session)
- Gain a more detailed understanding of **MI fundamentals and application of "OARS"**
- **Apply MI tools** to address discordance and client resistance to change through small group case-based interaction and feedback **specific to substance use scenarios and other chronic conditions found within integrated care**

Noel Quinn, PhD (presenter) is a Clinical Psychologist with advanced competencies in Health Psychology and Behavioral Medicine. She is a member of the Motivational Interviewing Network of Trainers (MINT) and serves as the Behavioral Health Coordinator at a large VA Medical Center dedicated to delivering trauma-informed care.

Target audience includes: behavioral health professionals, physicians, physician assistants, nurse practitioners, nurses, and others working in healthcare and human services.

December 3, 2021

8:30 AM - 12:30 PM

Register today!

Cost: \$60.00

<https://www.nhadaca.org/event-4522321>

Continuing education provided.

See registration for details.

For questions contact: Laura Remick,
Workforce and Education Coordinator
lremick@NCHCNH.org | 603 259-4811

This training is provided in partnership between the Northern New Hampshire Area Health Education Center and the New Hampshire Alcohol and Drug Abuse Counselors Association, and is financed under a contract with the State of NH, Department of Health and Human Services, with funds provided in part by the State of NH and/or such funding sources as were available or required, e.g., the United States Department of Health and Human Services.