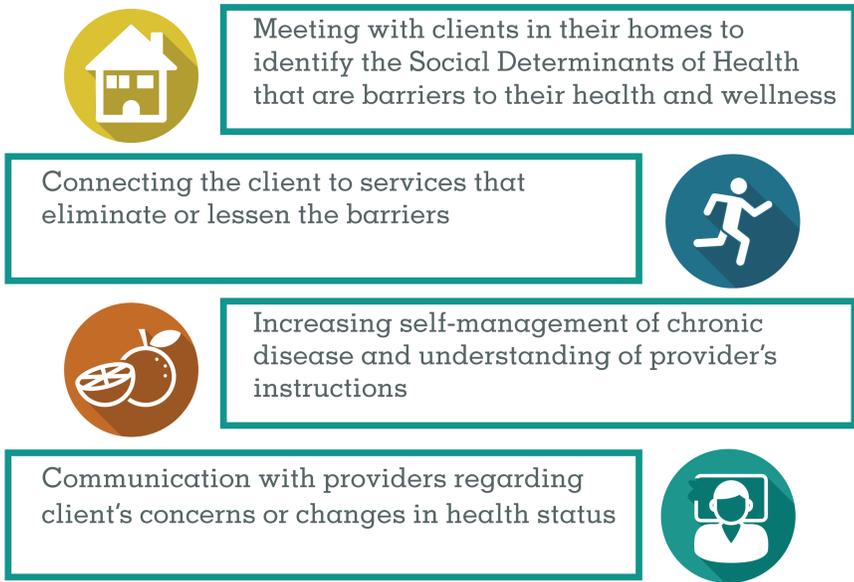


## What is Ways 2 Wellness CONNECT and how are CHWs involved?



A program that **links a Community Health Worker (CHW) to clients**, ages 55+, with unmanaged chronic disease. The CHW **serves as a liaison** between the client, healthcare and social services **to facilitate access to care and resources**; and assist in overcoming their barriers to health and wellness.



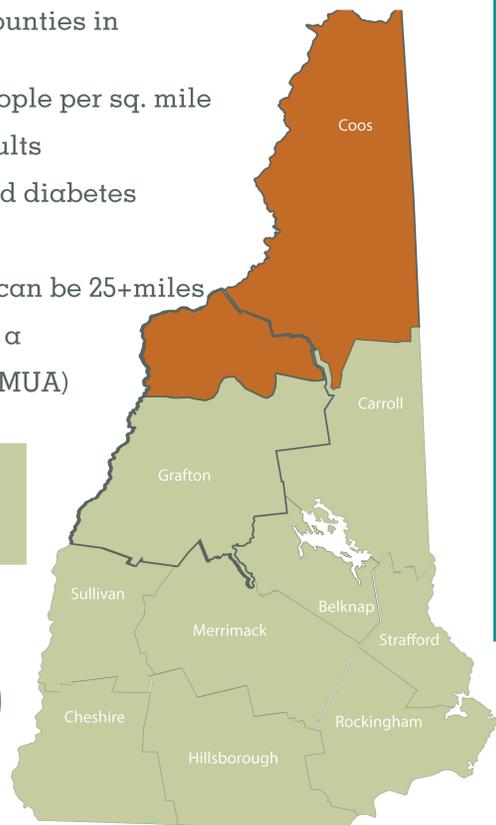
## Where are we now?

- Created a CHW program within a public health network
- Developed a CHW training course
- Established program policies and guidelines
- Branded marketing materials
- Built Ways2Wellness.org website
- Educated and built relationships with provider partners
- Grew CHW workforce to 4 full-time staff

# Ways 2 Wellness CONNECT

## Where do we work and what are the barriers to becoming healthy?

- Coos and Northern Grafton Counties in rural Northern NH
- Population density of 15-49 people per sq. mile
- Higher population of older adults
- High rates of heart disease and diabetes
- Little public transportation
- Travel distance to healthcare can be 25+ miles
- Coos County is designated as a Medically Underserved Area (MUA)



The social and environmental influences on a client's health vary and can keep them from reaching their health goals.

### Challenges could include:



A healthy life begins at home.

## Who do we work with?

Area health and social service providers **including:**  
**5** Critical Access Hospitals and  
**3** Federally Qualified Health Centers (FQHCs)



Visit [Ways2Wellness.org](http://Ways2Wellness.org)



For more information:  
 CHW Program Manager  
 (603) 259-3700

## How do we innovate?

Our program has set up a secure web-based **electronic record** named Apricot by SocialSolutions.



- Customizable
- Houses all **client data with HIPAA compliance**
- Track progress notes, collects data re: **social determinants of health**
- Allows outside organizations to make **referrals directly into the system** securely

## Where are we going?



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