



Bethlehem/Lisbon/Littleton Area

What to do if...

...You run out of food.

- Helping Hands Food Pantry
475 Whitefield Road
Bethlehem, NH 03574
603-444-1230
Pantry Hours: Monday (9:00 AM-12:00 PM)/Wednesday (4:30-6:30 PM)
- Bethlehem Food Pantry
2251 Main Street
Bethlehem, NH 03574
603-869-3351
Pantry Hours: Monday (10:00-11:00 AM)/Wednesday (10:00-11:00 AM/2:00-3:00 PM)/Friday (10:00-11:00 AM)
- White Mountain Christian Church Food Pantry
70 Redington Street
Littleton, NH 03561
603-444-6517
Pantry Hours: Wednesday (10:00 AM-12:00 PM)
- All Saints Church Food Pantry
35 School Street
Littleton, NH 03561
603-444-3414
Pantry Hours: Tuesday/Thursday/Saturday (9:00-10:00 AM)

To Apply for SNAP benefits: NH Department of Health and Human Services
603-271-9700 or Toll Free: 800-852-3345 ext. 9700
www.nheasy.gov

...You have no place to stay.

- Homeless Intervention Services
Northern Grafton County
603-444-0184

- Bancroft House: Family Sanctuary
PO Box 344
Franconia, NH, 03580
603-823-8842
- The Bridge House
260 Highland Street
Plymouth, NH, 03264
603-536-7631

...You have no electricity.

- Town of Bethlehem
2155 Main Street
Bethlehem, NH, 03574
603-869-3351
- Town of Littleton
125 Main Street, Suite 200
Littleton, NH, 03561
603-444-3996
- **TCCAP Energy Assistance Services**
41 School Street
Ashland, NH, 03217
603-968-3560
Outreach days held in Woodsville at 6 Church Street and in Lebanon at 20 West Park Street, Suite 400. Please call 603-968-3560 for dates and times.

...You are struggling with legal issues.

- New Hampshire Legal Aid
Legal Advice & Referral Center
48 South Main St.
Concord, NH 03301
800-639-5290
- New Hampshire Legal Assistance
117 North State Street
Concord, NH 03301
603-228-0432
- The Pro Bono Program of the New Hampshire Bar Association
2 Pillsbury Street, Suite 300
Concord, NH 03301
603-224-6942

...You need health insurance.

- NH Department of Health and Human Services
Healthcare.gov
Phone: 1-800-318-2596 Assistor help: 1-855-899-9600
www.healthcare.gov
www.nheasy.nh.gov
(The direct Medicaid enrollment website)

...You need a ride.

- North Country Transit
31 Pleasant Street
Berlin NH 03570
1-888-997-2020 or 603-752-1741
www.tricountycaptransit.weebly.com
Serving most areas
Accepting Medicaid and Medicare
To schedule Transport: Medicaid: 1-844-259-4780
NH Healthy Families: 1-866-769-3085
Well Sense: 1-855-739-4775
- Dave' Taxi
Littleton Area
Local and Long Distance
603-444-0407
Accepting Medicaid and Medicare
To schedule Transport: Medicaid: 1-844-259-4780
NH Healthy Families: 1-866-769-3085
Well Sense: 1-855-739-4775

...You need money for child care.

- NH Department of Health and Human Services
603-271-9700 or Toll Free: 800-852-3345 ext. 9700
www.nheasy.gov

...You need housing.

- AHEAD Property Management
262 Cottage Street
Littleton, NH, 03561
603-444-1377
- Stewart Property Management
603-641-2163
Manages apartments across the state
- Parker Village Apartments
1 Parker Village
Littleton, NH - 03561
(603) 641-2163

- Colonial Court - New Hampshire
Bronson Street
Littleton, NH - 03561
(603) 641-2163
- Lane House
43 Cottage Street
Littleton, NH - 03561
603-641-2163
- Beattie House
262 Cottage Street
Littleton, NH - 03561
(802) 748-8235

...You need access to a computer.

- Bethlehem Public Library
2245 Main Street
Bethlehem, NH 03574
603-869-2409
- Lisbon Public Library
45 School Street
Lisbon, NH 03585
603-838-6615
- Littleton Library
92 Main Street
Littleton, NH 03561
603-444-5741

...You need internet access.

- Dunkin Donuts
148 Main Street
Littleton, NH, 03561
603-444-0520
- McDonald's Restaurant
75 Old Country Road
Littleton, NH, 03561
603-444-3933

...You need clothing.

- Time to Consign
37 Main Street
Littleton, NH, 03561
603-444-4411

- Little Red Wagon
758 Meadow Street
Littleton, NH, 03561
603-444-6308
- Little City Thrift Store
4 Porter Street
Littleton, NH, 03561
603-444-3100

...You need heat.

- **TCCAP Energy Assistance Services**
Emergency Fuel Assistance
41 School Street
Ashland, NH, 03217
603-968-3560
Outreach days held in Woodsville at 6 Church Street and in Lebanon at 20 West Park Street, Suite 400. Please call 603-968-3560 for dates and times.

...You need a doctor.

- Ammonoosuc Community Health Services
25 Mount Eustis Road
Littleton, NH, 03561
603-444-2464
- Littleton Regional Healthcare
600 St. Johnsbury Road
Littleton, NH, 03561
603-444-5328
- White Mountain Family Health Care
580 St. Johnsbury Road
Littleton, NH, 03561
(603) 444-2010
- North Country Primary Care RHC
580 St. Johnsbury Road
Littleton, NH, 03561
(603)444-7070

...You need help navigating recovery.

- The Doorway Programs
2-1-1

- Community Health Worker/Recovery Coach
North Country Health Consortium
Wellness and Recovery Model (WARM)
603-259-1729
- North Country Serenity Center
33 Main St, Suite 203/207
Littleton, NH, 03561
603-444-1300
<http://northcountryserenitycenter.org/>

...You have other needs.

- New Hampshire 2-1-1
Toll Free: 1-866-444-4211
www.211nh.org