

Sign Up Today!



North Country
HEALTH CONSORTIUM

Leading innovative collaboration to improve
the health status of Northern New Hampshire

NCHCNH.org



MENTAL
HEALTH
FIRST AID®

Mental Health First Aid

Join the movement.

Sometimes first aid isn't
a bandage, or CPR or
calling 911. Sometimes,
first aid is YOU

Dates:

March 15th

-or-

March 31st

8:30am to 2:30pm

A person you know could be
experiencing a mental health
or substance use problem.

You are more likely to encounter
someone in an emotional or
mental crisis than someone having
a heart attack. Learn how to help a
friend, family member, coworker
or neighbor in need. Get trained in
Mental Health First Aid.



Take a course. Save a life.
Strengthen your community.

For more information, visit www.MentalHealthFirstAid.org

Wellness
And
Recovery
Model



Virtual!

* Required 2-hour
training to be done on your
own prior to class



**\$45 non-refundable
fee**

*scholarships and discount
available - see registration
link for details

Register at:

[http://bit.ly/MHFA-](http://bit.ly/MHFA-March2021)

[March2021](http://bit.ly/MHFA-March2021)

For more information
contact: Annette
Carbonneau at:

acarbonneau@nchcnh.org

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Continuing Education:

Nursing: North Country Health Consortium/NNH AHEC is approved as a provider of nursing continuing professional development by the Northeast Multistate Division, an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved for 5.5 Nursing Contact Hours. Activity #477

Physician: The North Country Health Consortium/NNH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. The North Country Health Consortium/NNH AHEC designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Certified Recovery Support Worker: This training has been submitted to the NH Board of Licensing for Alcohol and Other Drug Use Professionals. For an updated status contact Laura Remick, lremick@nchcnh.org

Certified Prevention Specialist: This program has been approved by the New Hampshire Prevention Certification Board for 5.5 Continuing Education Units in CPS domain 6: professional growth and responsibility.

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