



## **Berlin/Gorham Area**

### **Quantum Tones Healing, Eric Breault**

Reiki, Sound, and Angelic Healing, Psychic, Mindfulness Practitioner

(603) 728-5886

[quantumtones@gmail.com](mailto:quantumtones@gmail.com)

55 Maynesboro Street, Berlin and 103 Cottage Street, Littleton

### **Ubuntu Healing, LLC Hypnotherapy**

(603)752-4992

305 Coos St., Berlin

### **Coos County Chiropractic Chiropractic Services**

(603) 752-2310

15 Exchange Street, Berlin

### **Riverside Wellness Center, PLLC Chiropractic Services**

(603) 752-7727

630 Main Street, Berlin Gorham Rd., Gorham

<http://www.rwcchiro.com/>

### **Peak Health, Karen Bradley, ATC., LMT., CBSI KMI**

Structural Therapy, Sports Medicine, Medical Massage, Myofacial Release, CranioSacral

(603) 466-3679

10 Exchange Street, Gorham

<https://peakhealth.biz/>



**Northern Oasis Massage Therapy and Yoga**

(603) 752-5907

[leane@mynorthernoasis.com](mailto:leane@mynorthernoasis.com)

55 Maynesboro Street, Berlin

[www.northernoasis.biz](http://www.northernoasis.biz)

**Osmosis Reflexology and Ionic Detox Footbath**

(603) 723-1628

[info@osmosisnh.com](mailto:info@osmosisnh.com)

176 Blanchard Street, Berlin

[www.osmosisnh.com](http://www.osmosisnh.com)

**North Woods Acupuncture, Mark Evans**

(603) 752-3800

1831 Riverside Dr., Berlin



## **Colebrook Area**

### **doTERRA, Lyn Cooper Aromatherapy**

(603) 331-2648

[landscooper@hotmail.com](mailto:landscooper@hotmail.com)

### **North Country Muscular Therapy, Phil Freudenberger NH-LMT**

Deep Tissue, Swedish, Trigger Point Massage and Reiki

(603) 728-9400

[therapeutic-touch@hotmail.com](mailto:therapeutic-touch@hotmail.com)

118 Main Street, Suite 4, Colebrook

### **Druke Chiropractic Clinic Stephen A. Druke, DC Chiropractic**

(603) 237-5325

154 Main Street, Colebrook

### **Trinity Earth Spirit Universe, Sabrina McAllister**

Psychic Medium, Tarot Readings, Energy Healing

(603) 326-8657

[sabrina@sabrinamcallister.net](mailto:sabrina@sabrinamcallister.net)

79 Main Street, Suit 2, N. Stratford

[www.sabrinamcallister.net](http://www.sabrinamcallister.net)



## Lancaster Area

### **Center for Acupuncture and Oriental Medicine, PLLC**

**Gary M. Rexford L.Ac., MSTOM, Dipl. OM.**

Oriental Medicine, Acupuncture/Moxibustion, Chinese Herbology

(603) 631-0046

[gary@centerforacupuncturenh.com](mailto:gary@centerforacupuncturenh.com)

148 Main Street, Lancaster

<http://www.centerforacupuncturenh.com/>

### **Riverside Wellness Center, PLLC Chiropractic Services**

(603) 788-2465

104 Main Street, Suite 1, Lancaster

<http://www.rwcchiro.com/>

### **Relax and Renew Bodyworks, Judi Scalley**

Deep Tissue and Swedish Massage, Reflexology, Aromatherapy, Reiki, Tui-Na  
Acupressure (978) 551-4754

105 Union Street, Ste 3, Whitefield

### **Karie Bennett Massage Therapy**

Deep Tissue, Myofascial Release, Trigger Point, Cert. Infant Massage.

(603) 837-2258

Whitefield, NH

<http://onthewingsofhealing.massagetherapy.com/>



## Littleton Area

### **Exhale Massage and Pilates, Colleen Higgins, BA, LMT**

Alexander Technique, Reiki, and Reflexology

(603) 991-7499

[colleenhiggins68@gmail.com](mailto:colleenhiggins68@gmail.com)

The Tannery Marketplace, 111 Saranac St. Suite 12, Littleton

[www.exhalemassagepilates.com](http://www.exhalemassagepilates.com)

### **Mountainside Wellness Center, Cyndee Baker, M.Ed, LMT, CH, CHC**

Massage, Hypnosis, & Hypno Coaching

(603) 575-9075

255 Main Street, Littleton

<https://cyndeebaker.com>

### **For Wellness Sake, Pam Alberts**

Massage Therapy, Reiki, Health & Wellness Coaching

(603) 616-9984

The Tannery Marketplace, 111 Saranac Street. Littleton

<https://www.pamalberts.massagetherapy.com>

### **Wellnes Renewed with Candace Foster**

Holistic Health Coach Specializing in Digestive Health and Stress Management Techniques

(603) 444-2177

<https://www.wellnessrenewed4you.com/>

<https://www.facebook.com/wellnessrenewed4you/>



**The Center for Collaborative Energies, Patricia Laurino-Center Manger**  
Healing Center that hosts classes in the healing arts and rents practice space to practitioners of various alternative modalities.

(603) 631-4384

[Info@centerforcollaborativeenergies.com](mailto:Info@centerforcollaborativeenergies.com)

103 Cottage Street, Littleton

<https://www.centerforcollaborativeenergies.com/>

**Deep Earth Arts, Isaac Vars and Josh Simonds**

Psychic Readings, Reiki, Metaphysical Apothecary

(603) 793-4447

[care@deepeartharts.com](mailto:care@deepeartharts.com)

24 Porter Street, Littleton

[www.deepeartharts.com](http://www.deepeartharts.com)

**Thyme to Learn Wellness, LLC, Cindy Gadsby**

Reiki, Crystal Healing, Meditation, Essential Oils

(603) 616-8827

[cindy@thymetolearnwellness.com](mailto:cindy@thymetolearnwellness.com)

[www.thymetolearnwellness.com](http://www.thymetolearnwellness.com)

**Littleton Healing Arts Studio, Gina Formeister**

Therapeutic Massage

(603) 991-9769

[ginaformeister@gmail.com](mailto:ginaformeister@gmail.com)

74 Cottage Street, Littleton

<https://www.littletonhealingartsstudio.com>

**Fresh Salon and Day Spa Massage Therapy**

(603) 259-3400

111 Saranac St., Littleton

<http://freshsalonanddayspa.com/>



**Christine Polito, Reiki Practitioner**

(978) 491-9499

[christinepolito@hotmail.com](mailto:christinepolito@hotmail.com)

103 Cottage Street, Littleton

**Spiritual Pathways and Wellness, LLC, Patricia Laurino**

Reiki/Polarity Practitioner, Psychic and Spiritual Medium

(603) 631-4384

[spiritualpathwaysnh@gmail.com](mailto:spiritualpathwaysnh@gmail.com)

103 Cottage Street, Littleton

<https://www.northcountryspiritualpathways.com/contact>

**Kerri Harrington Acupuncture, Kerri Harrington, LAC Acupunture**

603)348-5564

[KERRIHARRINGTON@HOTMAIL.COM](mailto:KERRIHARRINGTON@HOTMAIL.COM)

32 Main Street, Suite 108, Littleton

<https://www.kerriharringtonlac.com/>

**Eric Sidelinger, DC Chiropractic Services**

(603) 444-6719

110 Cottage Street, Littleton

**Mt. Peak Chiropractic Joni Gray, DC Chiropractic and Nutrition Services**

(603) 616-9487

101 Cottage Street, Suite 7A, Littleton

<https://jonigraydc.com/>

**Steven M. Walsh Chiropractic Services**

(603) 444-9449

53 Meadow Street, Littleton



**Purify from Within, Kellie Thinnes**

Colonic Hydrotherapy, Deep Tissue, Kriya, Stone, and Esalen Massage  
(603) 444-5240

[ladyofthelake5555@yahoo.com](mailto:ladyofthelake5555@yahoo.com)

554 Union Street, Littleton

<http://www.purify-from-within.massagetherapy.com/>

**Balance Bethlehem a Sat Nam Foundation Yoga Studio, Jaime Platts**

Yoga, Healing Arts, Retreats, Workshops, and Events

(603) 869-2125

2087 Main Street, Bethlehem

<https://balancebethlehem.com>

**MasterPeace Massage, Amy Delvanthal**

Medical Massage Therapist, Hellerwork Myofacial,  
Lymphatic, Gentle Massage, Hot Stones, Aroma Touch, and Reiki  
(603) 869-5470

65 Lewis Lane, Bethlehem and 262 Main Street, Franconia.

**Franconia Family Chiropractic, John Strasser, DC**

Chiropractic Services

(603) 823-7428

262 Main Street, Franconia

**John Tatone, DC Chiropractic Services**

(603) 823-5533

155 Main Street, Franconia

<https://www.franconianhchiropractor.com/>





## Haverhill Area

### **Thyme to Heal Herbals, Melanie Osborn**

Medical Intuitive, Reiki, Therapeutic Herbalism

(603) 838-5599

[thymetoheal01@yahoo.com](mailto:thymetoheal01@yahoo.com)

113 S. Main Street, Lisbon

<https://www.thymetohealherbals.com/>

### **On the Farm Yoga, Carolyn Smith**

Yoga Classes, Workshops, Trainings

[carolyn@onthefarmyoga.com](mailto:carolyn@onthefarmyoga.com)

1863 Benton Road, N. Haverhill

<https://www.onthefarmyoga.com/>