**North Country Recovery Coach Academy**

**Learn how to coach your peers in recovery**

**AUGUST 10 thru 28, 2020**

10am-12pm - live on Zoom
Mon., Wed., & Fri. each week

**YOU’LL LEARN HOW TO:**

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Describe the stages of change and its applications
- Build skills to enhance relationships
- Increase awareness of culture, power and privilege
- Address ethical and boundary issues
- Experience recovery wellness planning
- Understand the stages of recovery
- Practice newly acquired skills

**Interactive LIVE video sessions 3x per week & independent work, peer discussion on our web-based platform!**

**Hosted by:**

North Country Health Consortium

NCHC/NH.org


If you have any questions, including information about scholarships, contact Jenn Goulet: jgoulet@NCHCNH.org or (603)991-0330

**Cost:**

- $150
- **$100** per person*

*Due to Federal support, NCHC is able to offer a subsidized registration fee for participants:

*Scholarships available, see registration link for details

*This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number H1URH32387 for the Rural Health Opioid Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

**This course is pre-approved for 30CEs** by the Connecticut Certification Board, NH Board of Alcohol and other Drug Abuse Counselors Professional Practice Categories of Competence: 4, 5, 7, 12, 13, 15 & 18. Performance Domains IV & V Peer Recovery Domains I,II,III, & IV. CRSW: Ethics (4 hours), Performance Domains 1-4, LADC/MLADC Categories of Competence: 18 This workshop meets the CPS Educational Domains: 6