New Hampshire Public Health Objectives SFY2023 – SFY 2024 RPHN Substance Misuse Services Work Plan

Network: North Country Health Consortium

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Instructions:

Note: This combined Workplan will serve as a basis for the development of individual SMP and COC work plan, using existing work plan templates. More detail should be added to the individual SMP and CoC work plans, which <u>do not</u> have to be submitted to BDAS. Information entered under section should be broad descriptors of proposed work (example – listing community sectors to be engaged rather than individual providers). **Please submit this Substance Misuse Services Combined Work Plan by October 28, 2022.**

- Please provide overall funding source(s) used for the Workplan activities and deliverables.
- Write each activity as a brief bullet point that proposes an action toward achieving the deliverable as described in the FY 23-24 DHHS-RPHN Contract (RFA-2023-DPHS-02-REGIO) Scope of Work and the <u>US HHS Healthy People 2030 Objectives</u>. This helps us understand the proposed steps to achieve deliverables and to provide technical assistance, support, and guidance upon RPHN request.
- Please list the Contributing Partners (Public Health Advisory Committee, subcommittee(s), subcontractors, etc.) that will help complete the activity.
- Please describe measurable key deliverables/outcomes for each activity and a proposed timeline for achieving it.
- BDAS will review work plans and provide written feedback. Please email work plans to dhhs.nh.gov and robert.m.ohannon@dhhs.nh.gov
- For Technical Assistance in completing the work plan, or other concerns, please contact Robert O'Hannon at robert.m.ohannon@dhhs.nh.gov or Ann Crawford at Ann.F.Crawford@dhhs.nh.gov
- Color Code below indicates primary responsibility for Workplan areas, and shared task areas. Plan to coordinate work across the entire work plan as much as possible.

COC Responsibility

SMP Responsibility

Shared Responsibility

Substance Misuse Services Annual Workplan FY2023

Funding Source(s) Nh DHHS (Depa		artment of Health and Human Service	es) PHN (Public Health Network)		
Healthy People 2030 Goa (Align with RPHN CHIP SM Health goals).	· · Incaace misuse	of drugs and alcohol.			
1.2.7.1 RPHN Goal			n the facilitation of development of a robust and coo ilizing the principles of Resiliency and Recovery Orien		
Healthy People 2030 Sub- Objective(s) (Chose no than two, align with CHIP SM Health Priority Objectives and CoC/SMP work).	Reduce the portion of action o		daily. – SU-08 Igaged in binge drinking in the past month. – SU-10 ast month. – SU-4 It month. – SU-05		
1.2.7.1.1 Strategy	Engage regional partner assets and gaps. (See App	s (see list in RFA SOW Section 1.2.7.1.1) in endix B in Operations Manual).	n conducting a regional asset and gap analysis; and ongoing a national asset and gap analysis a		
I KPHN Objective	services.	ostance misuse, mentai neaith, primary heaitr	i, and other service providers engaged in RPHN substance misuse	work. Identif	y gaps in
Activity Description (Brief descri	iption of proposed key	Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
Conduct asset mapping, capacity building, team development, planning, and implementation for the purpose of community coalition development in the Berlin and Colebrook communities. Develop and support community-based coalitions in the Berlin and Colebrook communities to address CoC issues important to each community		AVH and UCVH hospitals, Indian Stream and Coos County Family Health Centers, Berlin and Colebrook Police Departments, SAU 9 and SAU 7 school districts, and other interested community organizations	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS (Youth Risk Behavior Survey) released in Fall 2023. Decrease ease of access and increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention 	7/1/22	6/30/23
1.2.7.1.2 Goal	Facilitate and/or provide	support for continuum of care initiative	5.		
1.2.7.1.2.1 Strategy	Increase awareness of a	nd access to services.			

RPHN Objective

- To increase the perception among North Country Region high school aged youth that people who use non-medical prescription drugs put themselves at risk of harm from 63% to 75% by 2023.
- To increase the perception among high school aged youth in the North Country Region that people who drink 5 or more drinks of alcohol every weekend put themselves at risk of harm from 30% to 36% by June 2023.

Activity Description	Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date
 500 people in the North Country. Assist with development, attend, and provifor all local coalitions: (1) Stand Up Androse Valley- Berlin, (2) Lancaster/Groveton Coalitions 	e CHW, WARM; ocial North Country Hospital Affiliation; Critical Access Hospitals (AVH, LRH, Cottage, Weeks, UCVH); Inch at least Weeks, UCVH) Weeks, Least Weeks, UCVH) Weeks, Least Weeks, Least Weeks, Least Weeks, UCVH) Weeks, Least We	To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention	7/1/22	6/30/23
1.2.7.1.2.2 Strategy Increased com	munication and collaboration among providers.		<u> </u>	
RPHN Objective Year-long media of Goals.	messaging campaign and community-wide education event h	held in each community yearly to focus on increasing awarenes	s around im	portance

Activity Description		Contributing Partners		Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy
500 people in the North C Attend and provide suppo Stand Up Androscoggin Va Lancaster/Groveton Coali Substance Misuse Prevent ATOD-Alcohol, Tobacco, a Woods Action Committee Team - Colebrook.	prevention messaging platforms that reach at least ountry. ort for all local coalitions: (1) alley- Berlin, (2) tion. (3) Haverhill Area tion Coalition, (4) Littleton and Other Drugs, (5) North //Community Management Country that will support ansitional housing	North Country Health Consortium - (SMP, PHAICHW, WARM; North Country Hospital Affiliation; Critical Access Hospitals (AVH, LRH, Cottage, Weeks, UCVH); Federally Qualified Health Centers (CCFHS, ACHS); Community Mental Health Centers (NHS)SUD Treatment providers (N Detox, private local providers, The Doorway) Local Municipality (Town Government, PD, Fire EMS, SAU) Affordable Housing and Economic Development (AHEAD, Inc.); Social Services organizations (TCCAP	•	To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15 to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention	Click or tap here to enter text.	Click or tap here to enter text.
1.2.7.1.2.3 Strategy	Increased capacity and c	lelivery of services.				
RPHN Objective	Strengthen partnerships wi along the continuum	th like-minded community organizations with s	imila	ar visions, as well as other community members who have	an interest in S	MP issues
Activity Description		Contributing Partners		Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
for all local coalitions: (1) S Valley- Berlin, (2) Lancaste Haverhill Area Substance N (4) Littleton ATOD-Alcohol, (5) North Woods Action Co Management Team - Colek Schedule an annual event emerging issues of concerr misuse in the North Counti Regional Agent in Charge J	itand Up Androscoggin r/Groveton Coalition. (3) Misuse Prevention Coalition, , Tobacco, and Other Drugs, mmittee/Community brook. to address new and n relating to substance ry (DEA New England on DeLena reporting events, High Intensity Drug	Federally Qualified Health Centers (CCFHS, ACHS); Community Mental Health Centers (NHS) SUD Treatment providers (N Detox, private local providers, The Doorway) Local Municipality (Town Government, PD,	se a to D Ir ir	Fo reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention	7/1/22	6/30/23

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 advantage of strengths an within the region, as well at threats to the North Counsystem. The COC Facilitator will up Gaps/Assets Inventory wit Development Plan. Submit a proposal to the Coused on needs within the 	aput on how to better take d opportunities available as address weaknesses and try Continuum of Care date the North Country hin the Continuum of Care				
1.2.7.2.5 Strategy	Coordinate activities wit Doorway.	h other RPHN projects and existing and ϵ	emerging initiatives that relate to CoC work including, but i	not limited to	, The
RPHN Objective	Strengthen partnerships wi along the continuum	ith like-minded community organizations with	n similar visions, as well as other community members who have	an interest in S	SMP issues
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
 Work with Seacoast region to implement Young Adult Prevention Strategies in the North Country Identify through partner organizations and involved community members services that currently exist to promote progress in the areas of prevention, early intervention, treatment, and recovery. 		North Country Health Consortium - (SMP, PHAC, CHW, WARM; SUD Treatment providers (N Detox, private local providers, The Doorway)	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention 		6/30/23
1.2.7.2.6 Strategy	Work with statewide and seek assistance.	d other initiatives to disseminate resourc	e guides and other service access information to places wl	here people a	re likely to
RPHN Objective	Coordinate a yearlong Country residents.	social media prevention messaging o	campaign using multiple platforms that will effectivel	y reach Nort	:h
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
, -	neetings and utilize statewide messaging related issues of concerns	North Country Health Consortium - (SMP, PHAC, CHW, WARM; North Country Hospital Affiliation; Critical Access Hospitals (AVH, LRH, Cottage, Weeks, UCVH); Federally Qualified Health Centers (CCFHS, ACHS);	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development 	7/1/22	6/30/23

1.2.7.1.3 Strategy		Community Mental Health Centers (NHS) SUD Treatment providers (N Detox, private local providers, The Doorway) Local Municipality (Town Government, PD, Fire, EMS, SAU) Affordable Housing and Economic Development (AHEAD, Inc.); Social Services organizations (TCCAP); School Administration Units (Student Assistance Programs); Faith based organizations	initiatives focused on alcohol and illicit drug misuse prevention		
RPHN Objective			onduct social marketing campaigns and disseminate inform	nation to Nor	th Country
Activity Description	residents connected to 0	Continuum of Care efforts. Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
for all local coalitions: (1): Valley- Berlin, (2) Lancaste Haverhill Area Substance I (4) Littleton ATOD-Alcoho (5) North Woods Action Community Members serv promote progress in the a intervention, treatment, a Through coalition meeting and 1:1 interviews, seek in advantage of strengths and	er/Groveton Coalition. (3) Misuse Prevention Coalition, I, Tobacco, and Other Drugs, ommittee/Community brook. Organizations and involved vices that currently exist to areas of prevention, early and recovery. Ses, surveys, focus groups, apput on how to better take and opportunities available as address weaknesses and	PHAC, CHW, WARM; North Country Hospital Affiliation; Critical Access Hospitals (AVH, LRH, Cottage,	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention 	7/1/22	6/30/23
1.2.6.1.1 Strategy	_		e Substance Abuse and Mental Health Services Administrate ty development, planning, implementation, and evaluatio		5A)
RPHN Objective	Utilize the SPF model in the	e development of strategic plans and to track/	evaluate planning processes.		
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)

RPHN Objective Review most						
Utilize a public health approach to prevent and reduce substance misuse risk factors and strengthen protective factors known to influence behaviors. Regional data driven primary prevention approaches must be consistent with the Center for Substance Abuse Prevention (CSAP) categories but do not need to include all CSAP categories.						
 Attend training to refresh Strategic Prevention Framework process Maintain Certified Prevention Specialist credential. 						

•		_		(mmm/yy)	(mmm/yy)
Work with SAPs to give YRBS ploards as requested.	presentations to school	North Country school administrators. Superintendents, Principals.	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention 	7/1/22	6/30/23
1.2.6.1.3 Strategy	community engagemen	t and mobilization.	proaches, programs, policies, and services within the RPHI		
RPHN Objective		and what improvements could be made, to i	es and service providers about programs and services, how dentify technical assistance needs.	w those sei	rvices and
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
Partner with local Hospitals ar community events focused or		North Country Health Consortium - (SMP, PHAC, CHW, WARM; North Country Hospital Affiliation; Critical Access Hospitals (AVH, LRH, Cottage, Weeks, UCVH); Federally Qualified Health Centers (CCFHS, ACHS); Community Mental Health Centers (NHS) SUD Treatment providers (N Detox, private local providers, The Doorway) Local Municipality (Town Government, PD, Fire, EMS, SAU) Affordable Housing and Economic Development (AHEAD, Inc.);	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention 	7/1/22	6/30/23

		School Administration Units (Student Assistar Programs);	nce		
		Faith based organizations Local Law enforcement			
		Local Law emorcement			
1.2.6.1.4 Strategy	prevention: universal, se	elective, and indicated prevention by add	evention strategies that incorporate the Institute of Medic ressing risk factors and protective factors known to impac isorders and related consequences for individuals, families	t behaviors tl	hat target
RPHN Objective	Inform the public about cui	rrent trends in substance use disorder to decr	ease misuse in the region.		
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
Create marketing campaigns in	print and on social media.	Local news outlets, media outlets, and local resources.	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention Communicate directly to community partners all information gained through participation in RPHN, Communities of Practice, Learning Collaboratives, and other events sponsored by BDAS 	7/1/22	6/30/23
1.2.6.1.5 Strategy	The state of the s	· · · · · · · · · · · · · · · · · · ·	ents for substance misuse primary prevention strategies, c AMHSA 20% Set-Aside Primary Prevention Block Grant Fur		
RPHN Objective		ee to comply with requirements for the Feder	al Substance Abuse Block Grant (SABG).		
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
RedCap reporting system		SMP/COC, BDAS	Monthly reporting requirements	7/1/22	6/30/23
1.2.6.1.6 Strategy		Ensure substance misuse prevention is represented at PHAC meetings, and with a bi- directional exchange of information, to advance efforts of substance misuse prevention initiatives.			
RPHN Objective	Attend, receive information	on, provide information, and participate in PH	AC meetings and related planning processes.		
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)

Monthly PHAC meeting with սր	pdates on regional efforts	SMPC/COC, PHAC	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention 	7/1/22	6/30/23	
1.2.6.1.7 Strategy	•	Department's BOAS, with the Federal Bl y education efforts; youth involvement;	ock Grant Comprehensive Synar activities that include, but and policy and advocacy efforts	t are not limit	ed to,	
RPHN Objective	Work with, and encourage	regional partners to work with, BDAS and ot	her partners on identified/indicated Synar activities.			
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)	
Conduct tobacco assessment ir BDAS and SYNAR. Pass out com appropriate.		SMPC/COC, BDAS, SYNAR	Reduce underage tobacco use in the region.	7/1/22	6/30/23	
1.2.6.1.8 Goal	Ensure Substance Misuse	e Prevention Coordination and CoC Facil	itation.			
1.2.6.1.8.1 Strategy	CoC outcomes based thr	ee (3) year strategic plan that aligns witl	e, and publicly promote a data driven regional substance m n the State Health Improvement Plan (SHIP), Community H Prevention, Treatment, and Recovery Plan.			
RPHN Objective	Develop, update, and pro	omote a combined SMP/CoC plan as ind	icated.			
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)	
Update the strategic plan with Littleton ATOD, Haverhill, Berli meetings		SMPC/COC	 Promote workplan Communicate directly to community partners all information gained through participation in RPHN, Communities of Practice, Learning Collaboratives, and other events sponsored by BDAS 	7/1/22	6/30/23	
1.2.6.1.8.2 Strategy		Develop annual work plans for Department approval that guides actions and includes outcome- based performance measures and in alignment with the three (3) year strategic plan. Based on changing and emerging local conditions adapt work plans as necessary with approval by the Department.				
RPHN Objective	Develop an annual work	plan as indicated.				
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)	

Annual workplan submission 1.2.6.1.8.3 Strategy	Report progress with the	SMPC/COC e work plan and three (3) year strategic p	 Communicate directly to community partners all information gained through participation in RPHN, Communities of Practice, Learning Collaboratives, and other events sponsored by BDAS Annual workplan an including outcomes in a department approved databa	7/1/22 se.	6/30/23
RPHN Objective	Enter information into R	EDCap, and/or another designated datab	ase as required.		
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
RedCap and other appropriate r	reporting systems	SMPC/COC	Progress on 3-year plan	7/1/22	6/30/23
1.2.6.1.8.4 Strategy			al representatives with a special expertise in substance massist with awareness and advance substance misuse efforts		
RPHN Objective	Convene, facilitate, parti	icipate in, and help sustain a substance m	isuse leadership team as required.		
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
Executive Committee or CoC qu Schedule and facilitate Substand on a regular basis and keep the addressed in the workplan and process measures and meeting	ce Misuse Leadership Team team current on activities progress being made with outcomes	North Country Health Consortium - (SMP, PHAC, CHW, WARM; North Country Hospital Affiliation; Critical Access Hospitals (AVH, LRH, Cottage, Weeks, UCVH); Federally Qualified Health Centers (CCFHS, ACHS); Community Mental Health Centers (NHS) SUD Treatment providers (N Detox, private local providers, The Doorway) Local Municipality (Town Government, PD, Fire, EMS, SAU) Affordable Housing and Economic Development (AHEAD, Inc.); Social Services organizations (TCCAP); School Administration Units (Student Assistance Programs); Faith based organizations	To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention	7/1/22	6/30/23
1.2.6.1.8.5 Strategy	Produce and disseminate following year.	·	cesses, challenges, outcomes from the previous year and	projected go	als for the
RPHN Objective		nnual report to BDAS and regional stakeh	olders as required.		

Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
Upload annual report onto NCI all community level partners in	North Country	Bureau of Drug and Alcohol Services; North Country Health Consortium - (SMP, PHAC, CHW, WARM; North Country Hospital Affiliation; Critical Access Hospitals (AVH, LRH, Cottage, Weeks, UCVH); Federally Qualified Health Centers (CCFHS, ACHS); Community Mental Health Centers (NHS) SUD Treatment providers (N Detox, private local providers, The Doorway) Local Municipality (Town Government, PD, Fire, EMS, SAU) Affordable Housing and Economic Development (AHEAD, Inc.); Social Services organizations (TCCAP); School Administration Units (Student Assistance Programs); Faith based organizations	Click or tap here to enter text. To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention	7/1/22	6/30/23
1.2.6.1.8.6 Strategy	Participate in RPHN Subs	stance Misuse meetings as directed by BI	DAS.		
RPHN Objective	Receive and share inform other identified/indicate		ces work in scheduled meetings for the RPHN, Communitie	es of Practice	(CoP), and
Activity Description		Contributing Partners	Key Deliverables/ Outputs	Start Date (mmm/yy)	End Date (mmm/yy)
Trainings, and workshops scheduled by BDAS for Substance Misuse Prevention Network teams at NCHC		Bureau of Drug and Alcohol Services; North Country Health Consortium - (SMP, PHAC, CHW, WARM; North Country Hospital Affiliation; Critical Access Hospitals (AVH, LRH, Cottage, Weeks, UCVH); Federally Qualified Health Centers (CCFHS, ACHS); Community Mental Health Centers (NHS) SUD Treatment providers (N Detox, private local providers, The Doorway) Local Municipality (Town Government, PD, Fire, EMS, SAU) Affordable Housing and Economic Development (AHEAD, Inc.); Social Services organizations (TCCAP); School Administration Units (Student	 To reduce the percentage of North Country Region high school students who say that it would be easy for them access prescription drugs without a prescription from 15% to 7% based on YRBS released in Fall 2023. Decrease ease of access, increase perception of risk. Increase participation in youth leadership development initiatives focused on alcohol and illicit drug misuse prevention. Communicate directly to community partners all information gained through participation in RPHN, Communities of Practice, Learning Collaboratives, and other events sponsored by BDAS 	7/1/22	6/30/22

Assistance Programs);		
Faith based organizations		
	1	I